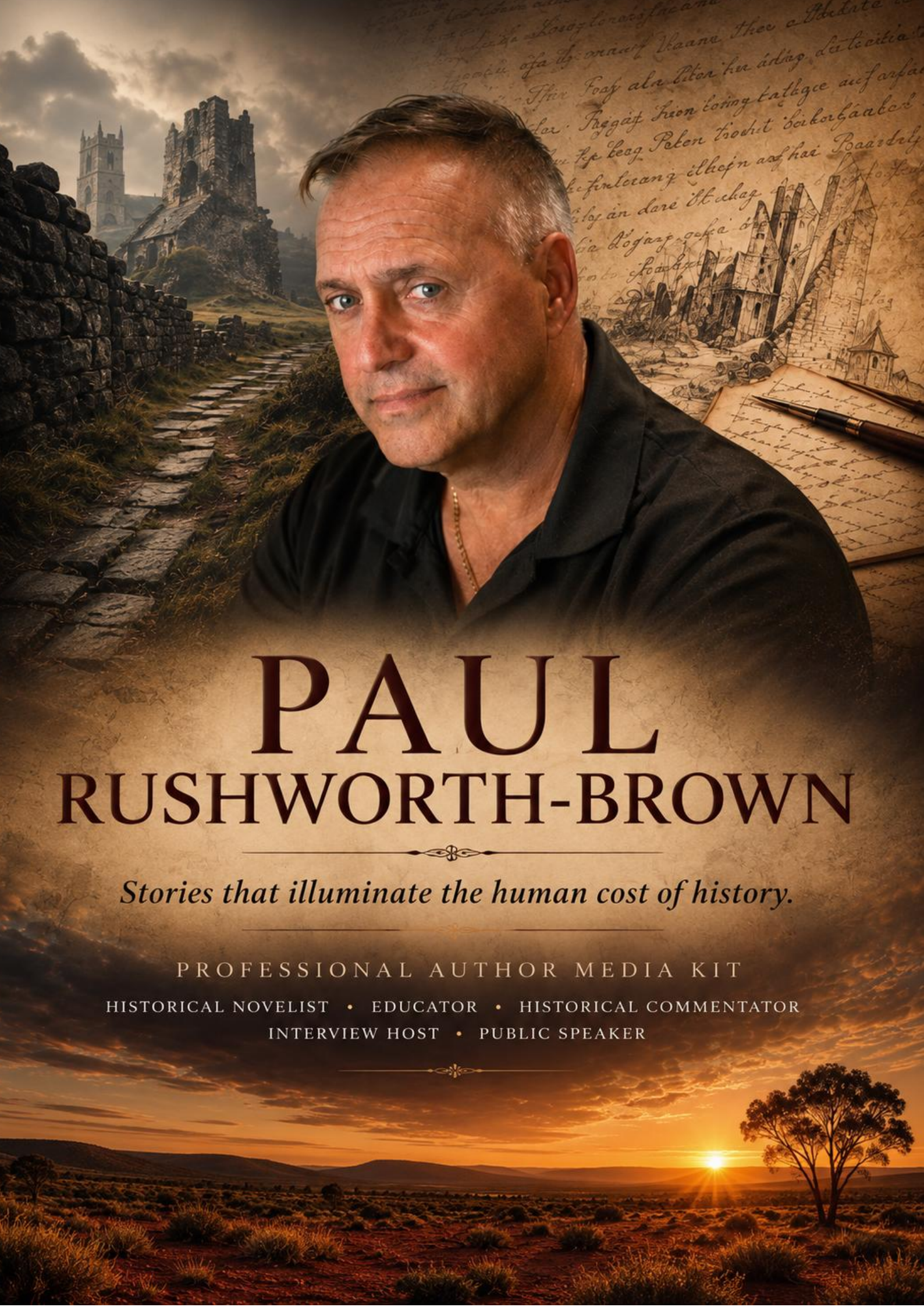




PAUL RUSHWORTH-BROWN

Stories that illuminate the human cost of history.

PROFESSIONAL AUTHOR MEDIA KIT

HISTORICAL NOVELIST • EDUCATOR • HISTORICAL COMMENTATOR
INTERVIEW HOST • PUBLIC SPEAKER

AUTHOR PROFILE

PAUL RUSHWORTH-BROWN

Historical Novelist | Educator | Historical Commentator | Interview Host

Stories that illuminate the human cost of history.



PROFILE

Nationality	Australian
Born	Kent, England
Based	Sydney, Australia
Occupation	Author • Educator • Historical Commentator • Interview Host



ABOUT PAUL

Paul Rushworth-Brown is an award-nominated Australian historical novelist whose work explores the human cost of history through the experiences of ordinary people.

Combining meticulous historical research with emotionally compelling storytelling, his novels examine identity, migration, reconciliation, and resilience, inviting readers to reflect on the enduring influence of the past on the present.

Beyond his fiction, Paul is the creator of *The Human Cost of History* and host of *Down Under Interviews*, where he engages with authors, historians, and thought leaders from around the world.



SELECTED WORKS

- *Outback Odyssey*
- *The Lost Voices*
- *Red Winter Journey*
- *Dream of Courage*
- *Skulduggery*
- *The Thomas Rushworth Chronicles*



AREAS OF INTEREST

- Historical Fiction
- Australian & British History
- Migration & Identity
- First Nations Perspectives
- Rural Mental Health
- The Human Cost of History
- Storytelling as Historical Interpretation



CURRENT PROJECTS

- *The Human Cost of History*
- *Down Under Interviews*
- *The Thomas Rushworth Chronicles*
- Screen adaptation development for *Outback Odyssey*



AVAILABLE FOR

- ✓ Television Interviews
- ✓ Radio & Podcasts
- ✓ Literary Festivals
- ✓ Libraries
- ✓ Historical Societies
- ✓ Universities & Schools
- ✓ Conference Keynotes
- ✓ Book Clubs & Author Events



ONLINE

Official Website
www.paulrushworthbrown.com

YouTube
The Human Cost of History

Interview Platform
Down Under Interviews



MEDIA ENQUIRIES

Hayley Brown
Publicist
hayley.publicist@paulrushworthbrown.com



PAUL RUSHWORTH-BROWN

HISTORICAL NOVELIST | HISTORICAL COMMENTATOR | INTERVIEW HOST

Biography



SHORT BIOGRAPHY (75 WORDS)

Paul Rushworth-Brown is an Australian historical novelist whose work explores the human cost of history through deeply researched, emotionally resonant fiction. Born in Kent, England, his experiences living in England, Canada, and Australia have shaped a unique perspective on identity, migration, and belonging. He is the author of several historical novels, host of *Down Under Interviews*, and creator of *The Human Cost of History*, a platform dedicated to examining how the past continues to shape our present.



STANDARD BIOGRAPHY (200 WORDS)



EARLY LIFE

Paul Rushworth-Brown is an award-nominated Australian historical novelist, historical commentator, and interviewer whose work brings overlooked moments of history vividly to life through the experiences of ordinary people.

Born in Kent, England, Paul later lived in Canada before settling permanently in Australia, where he has spent more than two decades. This international journey has profoundly influenced his writing, giving him a distinctive perspective on migration, identity, belonging, and cultural memory.



WRITING

His novels combine meticulous historical research with compelling storytelling, exploring the emotional and psychological impact of historical events rather than simply recounting them. Whether writing about Tudor England, post-war Australia, or forgotten voices from history, Paul focuses on the personal stories often overlooked by traditional historical accounts.

His latest novel, *Outback Odyssey*, examines post-war migration, rural mental health, reconciliation, and the enduring wisdom of Country through the journey of a young English migrant arriving in Australia during the 1950s.



TODAY

Beyond his fiction, Paul is the creator and host of *Down Under Interviews*, an international interview platform featuring authors, historians, and creative professionals from around the world. He also founded *The Human Cost of History*, an initiative exploring how historical events continue to influence modern society through articles, interviews, and public discussion.

His work continues to demonstrate that history is not merely about dates and battles—it is ultimately about people.

AUSTRALIA

“History is never just about the past. It lives in the choices ordinary people make every day.”



Extended biographies, media assets and downloadable resources are available at www.paulrushworthbrown.com.

The Story Behind *the Stories*

“I’ve never been interested in writing about kings and conquerors simply because history remembers them.

I’ve always been fascinated by the ordinary people history nearly forgot.”



EARLY FASCINATION

Born in Kent, England, I grew up surrounded by ancient churches, medieval villages, and landscapes that held centuries of stories. I didn't just read about history — I walked through it. The past was never far away; it was part of everyday life.



A LIFE OF JOURNEYS

I was born in England, lived in Canada, and settled in Australia. Over the years I have travelled extensively through Europe, Southeast Asia, India, Pakistan, Russia and many other places. Each journey deepened my understanding of different cultures, migration, identity and the shared human experience that connects us all.



A WRITER'S PHILOSOPHY

I don't write about great leaders.
I write about the ordinary.

Labourers. Migrants. Widows. Soldiers.
Families. The people who lived, loved,
suffered, hoped and endured.



THE HUMAN COST OF HISTORY

History is never simply about kings, battles or dates.
It is about ordinary people whose lives were changed
by forces far greater than themselves.

That's the question at the heart of every book I write:

*“What happens to ordinary people
when history presses in on their lives?”*



*These places. These people.
These stories.*

*They shaped the way I see the world
and the way I write about it.*

*Because history doesn't belong
to the powerful.*

It belongs to all of us.



The Author's Philosophy

Why History Still Matters

“History is never simply about what happened. It is about what those events asked ordinary people to endure.”



WHY HISTORICAL FICTION?

History tells us what happened.
Fiction allows us to understand what it felt like.
Facts inform us.
Stories transform us.



WHY ORDINARY PEOPLE?

Kings shape nations.
Ordinary people carry history.
The farmer. The mother. The migrant.
The soldier. The child.
These are the people I write about.



WHY OUTBACK ODYSSEY?

A young English migrant arrives in Australia believing he is simply beginning a new life. Instead, he discovers that the land, its people, and its history transform him forever.

Outback Odyssey explores migration, identity, reconciliation, resilience and the wisdom of Country through one ordinary life changed by extraordinary circumstances.

It demonstrates my belief that history is never something we inherit—it is something we continue to live.

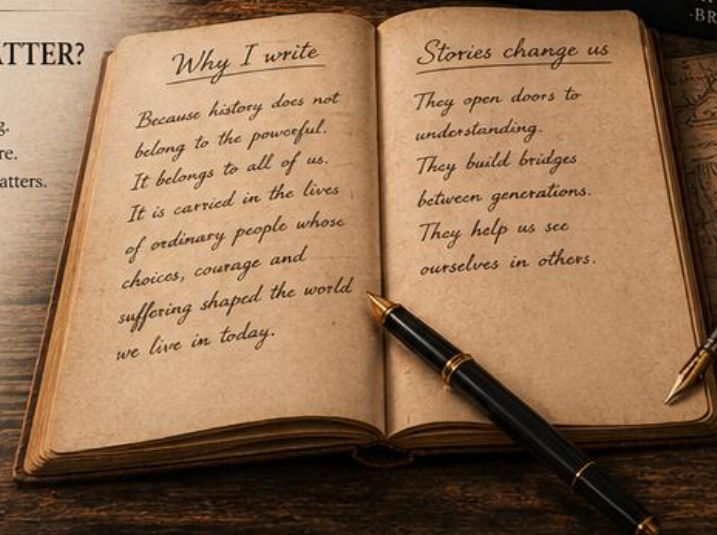
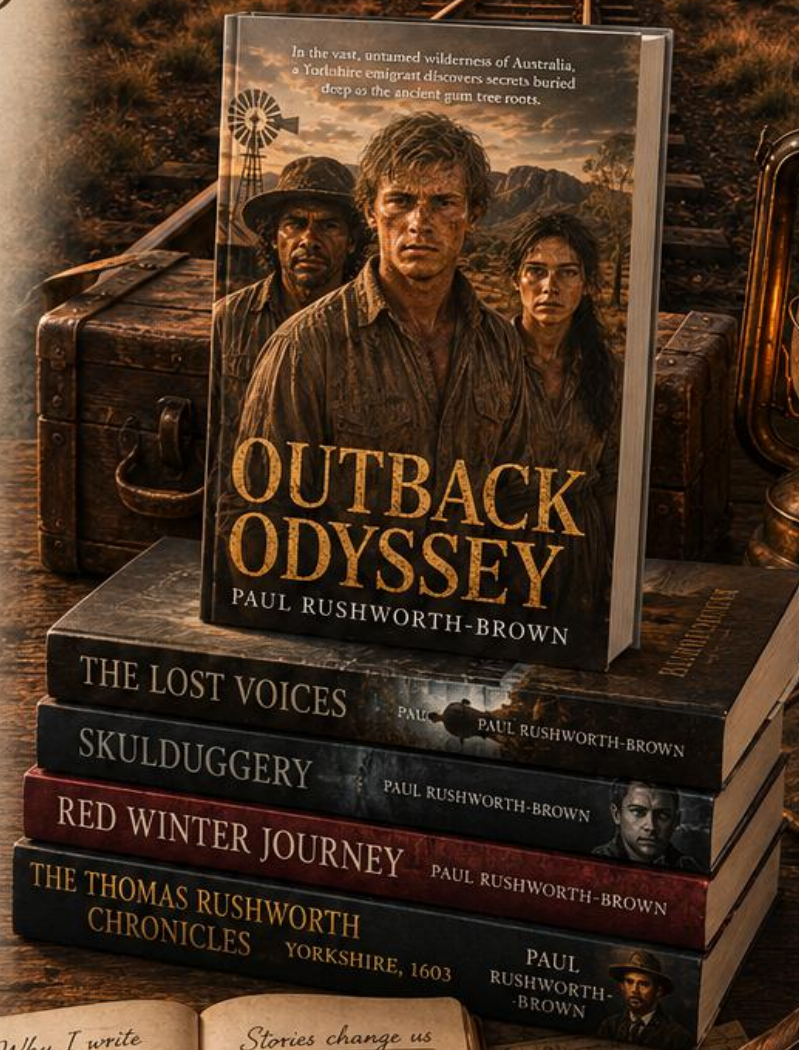


WHY STORIES MATTER?

Stories create empathy.
Empathy creates understanding.
Understanding shapes the future.
That is why historical fiction matters.

*These are the people.
These are the stories.
This is why I write.*

In the vast, untamed wilderness of Australia, a Yorkshire emigrant discovers secrets buried deep as the ancient gum tree roots.



A BODY OF WORK ROOTED IN HUMANITY

Different times. Different places. Different struggles. One focus: The Human Cost of History.

AWARDS & RECOGNITION

NOVELIST • HISTORIAN • INTERVIEWER • SPEAKER

*A Career Dedicated to
Giving History a Human Voice*

“History is never simply
about what happened.
It is about what those events
asked ordinary people to endure.”



LITERARY RECOGNITION

- NSW Premier's Literary Awards Nominee (2023)
- International Impact Book Awards – Author of the Year Nominee (2026)
- Featured Author – Book Fair Australia
- International Historical Fiction Recognition



INTERNATIONAL MEDIA

More than 80 interviews across
Australia, the United States,
Canada and the United Kingdom.



Television



Radio



Podcasts



Online
Interviews



GLOBAL AUDIENCE

Readers across Australia, the United Kingdom, the United States, Canada and Europe engage with Paul's novels, interviews, historical articles and *The Thomas Rushworth Chronicles*.



LITERARY PLATFORMS



The Human Cost of History
Exploring the lives of ordinary people shaped by extraordinary events.



Down Under Interviews
Conversations with authors from around the world.



Meet the Author
Introducing readers to remarkable writers.



History Bards
Where history and storytelling meet.

*History belongs to everyone.
The stories of ordinary people
deserve to be remembered.*



NSW PREMIER'S
LITERARY AWARDS
2023

NOMINATED TITLE
CHRISTINA STEAD PRIZE
FOR FICTION

80+

INTERNATIONAL
INTERVIEWS

TV • RADIO • PODCASTS
BOOK FAIRS • ONLINE
AUTHOR SHOWCASES

INTERNATIONAL IMPACT BOOK AWARDS

**AUTHOR OF
THE YEAR**
— 2026 —

ADVENTURE FICTION

Outback Odyssey

PAUL RUSHWORTH-BROWN



VOTE FOR THE 2026 AUTHOR OF THE YEAR
SUPPORT GREAT STORIES THAT INSPIRE

VOTE HERE: [APPLY.INTernationalIMPACTBOOKAWARDS.COM/PUBLIC-VOTING-FORM](https://apply.internationalimpactbookawards.com/public-voting-form)



Stories connect us.
History teaches us.
Literature endures.

Paul Rushworth-Brown



PAUL RUSHWORTH-BROWN

Author • Historian • Storyteller

Paul Rushworth-Brown uses history and historical fiction to illuminate the human experience—bringing forgotten voices back into the conversation.

INTERNATIONAL MEDIA

Sharing Stories Across Four Continents



80+

INTERNATIONAL
INTERVIEWS

4

COUNTRIES



TELEVISION



RADIO



PODCASTS



ONLINE

“Every interview is another opportunity to bring forgotten voices back into the conversation.”

— PAUL RUSHWORTH-BROWN

AUSTRALIA

UNITED KINGDOM

CANADA

UNITED STATES



MEDIA APPEARANCES, INTERVIEWS & FEATURES

INTERVIEWS • PODCASTS • ARTICLES • REVIEWS • PRESS

Explore conversations, television appearances, podcasts, editorial features and professional reviews that explore Paul Rushworth-Brown's work, historical fiction, and the stories behind his novels.

INTERNATIONAL AUTHOR MEDIA TOUR

Coordinated media campaign reaching readers across Australia, the UK, the US and Canada.

Multiple platforms.

The CHRIS VOSS SHOW

A wide-ranging conversation exploring storytelling, historical fiction, and the creative process.

Video Interview

Dare to be Authentic with Mari McNeill

An exploration of *Outback Odyssey*, belonging, resilience, and the deeper themes behind Paul's work.

Video Interview

THE STORYTELLER'S SHELF PODCAST

Paul explains his approach to writing memorable historical fiction through authenticity and research.

Podcast Interview

THE NEIL HALEY SHOW

A discussion about Paul's novels, historical research, and his creative writing process.

Video Interview

Conversations Allowed

Colonisation, reconciliation, and how historical fiction encourages meaningful conversations about Australia's shared history.

Video Interview

PSI TV NETWORK

Paul explores *Outback Odyssey*, identity, First Nations perspectives, and the responsibility of writing history with respect.

Television Interview

PSI TV NETWORK

PSI TV Official Guest Profile
Paul's official profile on the PSI TV Network featuring his biography and appearances.

Official Media Profile

The Kimberly Cloud Show

A conversation about storytelling, history, and giving voice to people often overlooked by history.

Television Interview

MY FUTURE BUSINESS SHOW

From classroom teacher to internationally recognised historical novelist and creator of *The Human Cost of History*.

Podcast Interview

AUSTRALIAN BOOK LOVERS PODCAST

A comprehensive interview exploring Paul's writing career and the stories behind *Outback Odyssey*.

Audio Podcast

Ngaarda media

Outback Odyssey: Fiction as Resistance and Remembrance explores the novel's treatment of Country, memory, and reconciliation.

Editorial Feature

BookLife by Publishers Weekly

Professional editorial review recognising *Outback Odyssey* for its historical authenticity, compelling narrative, and literary merit.

Editorial Review

THE LIFE BEFORE THE BOOKS

Paul's personal journey from teacher to novelist, and the experiences that shaped his writing career.

Author Feature

get the wordout PR | MEDIA | MARKETING

Official media release announcing *Outback Odyssey* and its themes of migration, belonging, and reconciliation.

National Press Release

PRESS & MEDIA ENQUIRIES

Paul Rushworth-Brown is available for:

- Television, radio & podcast interviews
- Literary festivals & events
- Book clubs & library events
- School presentations
- Historical discussions & panels
- Keynote presentations
- Media commentary on historical fiction & Australian history

AWARDS & RECOGNITION



2026 AUTHOR OF THE YEAR – ADVENTURE FICTION
Awarded for *Outback Odyssey*, recognising excellence in historical fiction.



BOOKLIFE BY PUBLISHERS WEEKLY FEATURED TITLE
Selected for professional editorial review by the review platform.



HISTORIUM PRESS FEATURED AUTHOR
Recognised as one of Historium Press's featured historical fiction authors.



THE HISTORICAL FICTION COMPANY FEATURED AUTHOR
Internationally recognised for contributions to historical fiction through compelling storytelling.



INTERNATIONAL MEDIA APPEARANCES
Featured on television, podcasts, radio, and digital media across Australia, the USA, Canada, and the UK.



Amanda Smith
Media & Production
Coordinator
Down Under Interviews

amanda.media@
paulrushworthbrown.com

SPEAKING TOPICS

Engaging audiences through history, storytelling and the human experience.



HISTORICAL FICTION

How fiction uncovers the lives history forgot.

MIGRATION & IDENTITY

Stories of belonging, displacement and transformation.

THE HUMAN COST OF HISTORY

Exploring ordinary people caught in extraordinary times.

HISTORICAL RESEARCH

Turning archives into compelling narratives.

TRUTH THROUGH FICTION

Where documented history meets imagination.

FIRST NATIONS PERSPECTIVES

Writing respectfully about Country, culture and shared history.

RURAL MENTAL HEALTH

Isolation, resilience and community in Australian storytelling.

STORYTELLING

Why stories shape how we understand ourselves.

ARTIFICIAL INTELLIGENCE & LITERATURE

How AI is changing writing, publishing and discoverability.

HISTORY & MODERN SOCIETY

Why the past still influences today's world.

“ *History isn't truly understood until we understand the people who lived it.* ”

— PAUL RUSHWORTH-BROWN

AVAILABLE FOR

LITERARY
FESTIVALS

WRITERS'
CONFERENCES

UNIVERSITIES

SCHOOLS

LIBRARIES

HISTORICAL
SOCIETIES

PODCASTS

TELEVISION &
RADIO INTERVIEWS

RESEARCH & AUTHENTICITY

Every story begins with evidence.

A commitment to historical **authenticity** through archival research, field investigation, oral histories and primary sources.

Research conducted across England, Australia and Canada through archives, libraries, family collections, field investigation and consultation with historians and Indigenous knowledge holders.



ARCHIVES

Original manuscripts, parish registers, government records and historical documents.



LIBRARIES

State libraries, university collections and specialist historical repositories.



HISTORICAL RECORDS

Land grants, shipping lists, military records, newspapers and census documents.



FIELD RESEARCH

Walking the locations where history unfolded to understand landscape, geography and atmosphere.



ORAL HISTORIES

Consulting historians, experts and knowledge holders to ensure depth, accuracy and cultural understanding.



FAMILY HISTORY

Genealogy, oral histories and personal collections that connect the past to lived experience.



Medieval Manuscript



Historic Map



Archive Collections



Historic Library



Family Photographs



Handwritten Diary

“History isn’t discovered in a single document. It emerges when hundreds of small pieces finally begin to speak to one another.”

— PAUL RUSHWORTH-BROWN —



20+
YEARS
OF RESEARCH



THOUSANDS
OF ARCHIVAL
RECORDS EXAMINED



AUSTRALIA
• ENGLAND
• CANADA



**PRIMARY &
SECONDARY
SOURCES**



AUSTRALIA



ENGLAND



CANADA



UNITED STATES

THE HUMAN COST OF HISTORY

Where history becomes personal.



The Human Cost of History explores the lives of ordinary people caught in extraordinary events.

Through novels, historical articles, interviews and documentary-style storytelling, Paul Rushworth-Brown examines not simply what happened—but what those events demanded of the people who lived through them.

Whether set in Tudor England, colonial Australia or the modern world, every story asks the same question:

“What happens to ordinary people when history presses upon their lives?”



WEBSITE

paulrushworthbrown.com

- Historical articles
- Author resources
- The Thomas Rushworth Chronicles



YOUTUBE

The Human Cost of History

- Author interviews
- Historical documentaries
- Ordinary people in history

THE HUMAN COST OF HISTORY
ORDINARY PEOPLE. REAL STORIES.



HISTORICAL ARTICLES

Hundreds of researched articles exploring forgotten lives, historical events and the stories behind the novels.



MISSION

History belongs to everyone.
The stories of ordinary people deserve to be remembered.

“ The greatest events in history are remembered because of extraordinary people.
The greatest stories are remembered because of ordinary people.

— PAUL RUSHWORTH-BROWN —



20+
YEARS OF
RESEARCH



80+
INTERNATIONAL
INTERVIEWS



THOUSANDS
OF HISTORICAL
SOURCES



READERS
ACROSS MULTIPLE
CONTINENTS

REAL PEOPLE. REAL STORIES. REAL HISTORY.